

Free Assistance applying for Health Insurance

တၢ်မၤစၢၤအကလီလၢတၢ်ပတံထီၣ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အတၢ်အူၣ်
ကီၤအဂီၢ်

ENROLLMENT FOR THE HEALTH INSURANCE MARKETPLACE IS BACK FOR 2020 FROM NOV 1-DEC 15!

တၢ်ဆဲးလီၤမံၤလၢတၢ်အိၣ်ဆူၣ်အိၣ်ချ့အတၢ်အူၣ်ကီၤအတၢ်ဆါတၢ်ပူၤအလီၢ်ဟံ
က့ၤကဒါက့ၤဆူ **2020** လၢ လါနီၣ်ဝ့ဘၢၣ် **1** သီ တုၤ လါဒိၣ်စဲဘၢၣ် **15**
သီ!

This is your chance to sign up for the health insurance that meets your family's needs and fits your budget. Visit healthcare.gov to see your options and to see if you qualify for financial assistance. New plans and a new insurer were added for 2020!

တၢ်အံၤမ့ၢ်နတၢ်အခွဲးအယာ်လၢကဆဲးလီၤနမံၤလၢတၢ်အိၣ်ဆူၣ်အိၣ်ချ့အတၢ်အူၣ်ကီၤလၢအ
ကြၢးဝဲဘၢၣ်ဝဲဒီးနဟံၣ် ဖိဃီဖိအတၢ်လိၣ်ဘၢၣ်တဖၣ်ဒီးဘၢၣ်လၢအသးလၢနစ့တၢ်ဟံလီၤ. လဲၤ
လၢ healthcare.gov ဒ်သိးကထံၣ်ဘၢၣ်နတၢ်

If you have questions about eligibility or enrolling, reach out to the Health Insurance Marketplace at 1-800-318-2596. You can find free assistance in person by calling 2-1-1 anywhere in Nebraska. Assistance is available in your language!

နမ့ၢ်အိၣ်ဒီးတၢ်သံကွၢ်တဖၣ်လၢအဘၢၣ်ဃးဒီး တၢ်ကြၢးဝဲ
ဘၢၣ်ဝဲဒီးတၢ်ဃုထၢ မ့တမ့ၢ် တၢ်ဆဲးလီၤမံၤန့ၣ်, ဆဲးကျိး
တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အတၢ်အူၣ်ကီၤအတၢ်ဆါတၢ်ပူၤအလီၢ်
ဖဲ **1-800-318-2596** တက့ၢ်. နကထံၣ်န့ၢ်ဘၢၣ်တၢ်မၤစၢၤ
လၢအကလီလၢနကစၢ် ခီဖျိတၢ်ကိးဆူ **2-1-1** တပူၤပူၤဖဲ
နီၣ်ဘရဲးစကၢ်လီၤ. တၢ်မၤစၢၤန့ၣ်နဒီးန့ၢ်အီၤသ့လၢ နကျိၣ်
လီၤ.



ENROLL
NEBRASKA