



YOUR 2017 OVER-THE-COUNTER (OTC) ITEMS BENEFIT

Mailing Address:
Member Services
P.O. Box 31370
Tampa, FL 33631-3310

Physical Address:
WellCare of Nebraska
10040 Regency Circle, Suite 100
Omaha, NE 68114

1-855-599-3811
TTY 1-877-247-6272





Your health and your family's health are important to us. And using your OTC benefit can help everyone stay in good health.

With this benefit, you can choose from over 200 health and wellness items. Things like:

- Medicines to help with allergies, fever and heartburn
- Cough and cold medicine
- Toothbrushes, toothpaste and floss
- First aid items
- Sunblock
- Vitamins

There's a long list of items and we make it easy for you to get them. Look over the list on the next few pages. When you've made your choices and have your item numbers ready, give us a call.



Call us toll-free.

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We're here for you Monday–Friday, 8 a.m. to 5 p.m. Central time.

Remember to use your OTC benefit every month. If you don't use it one month, it doesn't roll over to the next.



If you have a computer or smart phone, log on to our website. Go to www.wellcare.com/Nebraska. (If you already have a username and password, use them to log in. If you don't, it's easy to sign up. Just follow the instructions.)

After you've logged in, click on the Over-the-Counter (OTC) Items link to get started. You'll be able to order items up to your monthly \$10 allowance. Once your order is placed, we'll ship it right to your home. It's that easy!



To get the most out of your OTC benefit:

- Make sure to order your items each month. If you don't, you'll lose your \$10 allowance for that month. It will **not** carry over to the next month.
- Use your monthly order to stock up on different items.



Important reminders:

- Your OTC allowance is for your whole family, not each family member on the plan.
- Items, quantities, sizes and values may change depending on availability.
- The brand names of the OTC items listed are trademarks of each company. Your plan allows for generic items only.
- Items may vary based on the maker and availability. (For example, caplets, tablets, capsules or soft gels may be substituted for one another.)
- Please allow up to 7–10 business days for shipping.
- Item cost may change from year to year.

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH ALLERGIES				
1	Allergy Relief (Cetirizine) 10mg Tablets	Zyrtec®	30	\$10
2	Allergy Relief (Loratadine) 10mg Tablets	Claritin®	30	\$7
HELPS WITH FEVER AND PAIN				
3	Acetaminophen 325mg Tablets	Tylenol® 325mg Regular Strength Tablets	100	\$3
4	Acetaminophen 500mg Tablets	Tylenol® 500mg Extra Strength Tablets	100	\$5
5	Aspirin 325mg Tablets	Bayer® Aspirin 325mg	100	\$3
6	Aspirin 81mg Chewable	Bayer® Aspirin 81mg Chewable	36	\$3
7	Aspirin Enteric Coated 81mg Tablets	Bayer® EC Aspirin 81mg (Adult Regimen)	120	\$5
8	Aspirin Enteric Coated 325mg Tablets	Ecotrin® Tablets	100	\$4
HELPS WITH HEARTBURN AND INDIGESTION				
9	Acid Reducer (Famotidine) 10mg Tablets	Pepcid® AC Tab	30	\$6
11	Acid Reducer (Ranitidine) 75mg Tablets	Zantac® Tablets	30	\$7
12	Antacid Tablets	Tums® Tablets	150	\$5
13	Effervescent Tablets	Alka-Seltzer®	36	\$4
14	Gas Relief Tablets Extra- Strength	Gas-X® Extra Strength	30	\$4
HELPS WITH UPSET STOMACH, DIARRHEA AND CONSTIPATION				
16	Adult Glycerin Suppositories	Fleet® Adult Suppositories	25	\$3
17	Anti-Diarrheal Caplets	Imodium AD®	12	\$4
18	Anti-Nausea Liquid	Emetrol®	4 oz.	\$6
19	Bisacodyl 5mg Tablets	Dulcolax® Tablets	25	\$4

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH UPSET STOMACH, DIARRHEA AND CONSTIPATION <i>Continued</i>				
231	Enema, Mineral Oil	Enema, Mineral Oil	4.5 oz.	\$4
279	Enema, Saline Laxative	Fleet® Saline Laxative	4.5 oz.	\$2
290	Stomach Relief Flavored Liquid	Pepto Bismol	8 oz.	\$6
20	Laxative (Bisacodyl) 10mg Suppositories	Dulcolax® Suppositories	12	\$5
21	Stomach Relief Flavored Tablets	Pepto–Bismol® Tablets	30	\$3
22	Stool Softener Capsules	Colace® Softgels	100	\$4
HELPS WITH PAIN (FROM INJURY AND OTHER CAUSES OF PAIN)				
23	Ibuprofen 200mg Liquid Gel Caps	Advil® Liquid Gel Caps	20	\$5
24	Ibuprofen 200mg Tablets	Advil® Tablets	50	\$6
25	Naproxen Sodium 220mg Caplets	Aleve® Caplets	50	\$8
HELPS WITH ARTHRITIS				
26	Arthritis Pain Relief Tablets	Tylenol Arthritis®	24	\$5
27	Hot/Cold Patches	Icy Hot® Patches	5	\$5
BLADDER CONTROL ITEMS				
170	Adult Bladder Control Pads	Adult Bladder Control Pads	28	\$9
200	Disposable Bed Underpads	Disposable Bed Underpads	5	\$6
CARE ITEMS FOR CHILDREN				
198	A&D Ointment	A&D Ointment	1 oz.	\$3
28	Acetaminophen 80mg Chew Tabs	Tylenol® 80mg Chew Tabs	30	\$5
30	Acetaminophen Jr. Strength Chew Tabs 160mg	Tylenol® Jr. Strength Chew Tabs 160mg	24	\$5

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
CARE ITEMS FOR CHILDREN <i>Continued</i>				
32	Children's Chewable Multi-Vitamins	Flintstones® Chewable Multi-Vitamins	100	\$7
33	Children's Ibuprofen Suspension 100mg	Motrin® Children's Suspension 100mg	4 oz.	\$10
34	Children's Acetaminophen Liquid	Tylenol® Children's Liquid	4 oz.	\$5
35	Children's Cold and Allergy Liquid	Dimetapp® Cold and Allergy Elixir	4 oz.	\$5
31	Children's Glycerin Suppositories	Fleet® Children's Glycerin Suppositories	12	\$4
270	Children's Saline Drops	Children's Saline Drops	30 ml.	\$8
36	Children's Toothbrush	Children's Toothbrush	1	\$2
195	Children's Toothpaste	Children's Toothpaste	3 oz.	\$3
37	Diaper Rash Ointment	Diaper Rash Ointment	1 oz.	\$3
38	Diphenhydramine Liquid	Benadryl® Elixir	4 oz.	\$4
39	Duofilm®	Duofilm®	0.3 oz.	\$7
40	Gas Relief Drops	Mylicon® Drops	1 oz.	\$10
41	Ibuprofen Infants Drops	Motrin® Infant Drops	0.5 oz.	\$8
42	Jr. Strength Ibuprofen Chew Tabs 100mg	Motrin® Jr. Strength Tablets	24	\$7
43	Orajel® Baby	Orajel® Baby	0.33 oz.	\$6
44	Poly Vitamin Drops	Poli-Vi-Sol Drops®	1.66 oz.	\$7
45	Premium (Preemie to 6 lbs) Diapers	Premium (Preemie to 6 lbs) Diapers (PREEMIE)	20	\$9
46	Premium (8-16 lbs) Diapers (SMALL)	Premium (8-16 lbs) Diapers (SMALL)	24	\$10
47	Premium (16-28 lbs) Diapers (MEDIUM)	Premium (16-28 lbs) Diapers (MEDIUM)	20	\$10
48	Premium (22-37 lbs) Diapers (LARGE)	Premium (22-37 lbs) Diapers (LARGE)	18	\$10

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
CARE ITEMS FOR CHILDREN <i>Continued</i>				
49	Premium (27+ lbs) Baby Diapers (XLARGE)	Premium (27+ lbs) Baby Diapers (XLARGE)	16	\$10
50	Premium (35+ lbs) Baby Diapers (XXL)	Premium (35+ lbs) Baby Diapers (XXL)	14	\$10
51	Premium Baby Wipes	Pampers® Baby wipes	80	\$4
52	Tooth and Gum Cleanser	Tooth and Gum Cleanser	1	\$6
212	2T-3T Pull-Up Diapers	2T-3T Pull-Up Diapers	17	\$10
213	3T-4T Pull-Up Diapers	3T-4T Pull-Up Diapers	15	\$10
214	4T-5T Pull-Up Diapers	4T-5T Pull-Up Diapers	13	\$10
217	Baby Shampoo Tear-Free	J&J® Baby Shampoo Tear-Free	8 oz.	\$3
218	Children's Conditioning Shampoo	Children's Conditioning Shampoo	8 oz.	\$3
HELPS WITH COUGHING, COLDS AND THE FLU				
53	APAP Sinus Congestion	Tylenol® Sinus Congestion	24	\$4
54	Cough/Throat Drops	Halls® Cough Drops	30	\$3
211	Sugar-Free Cough/Throat Drops	Sugar-Free Halls® Cough Drops	25	\$3
55	Daytime Cold/Flu Relief Caplets	DayQuil® Caplets	16	\$5
56	Daytime Cold/Flu Relief Liquid	DayQuil® Liquid	4 oz.	\$5
174	Daytime/Nighttime Cold/Flu Caplets	DayQuil/NyQuil® Caplets	20	\$5
230	Diphenhydramine 25mg Capsules	Benadryl®	24	\$3
57	Mucus Relief DM Tablets	Mucinex-DM®	30	\$9
58	Mucus Relief Tablets	Mucinex®	30	\$8
59	Nasal Decongestion Spray	Afrin® Nasal Spray	1 oz.	\$4

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH COUGHING, COLDS AND THE FLU <i>Continued</i>				
60	Nasal Decongestion PE Tablets	Sudafed PE® Tablets	36	\$4
61	Nighttime Cold/Flu Relief Caplets	NyQuil® Caplets	16	\$5
62	Nighttime Cold/Flu Relief Liquid	NyQuil® Liquid	4 oz.	\$7
63	Saline Nasal Spray	Ocean® Nasal Spray	1.5 oz.	\$3
64	Sore Throat Spray	Chloraseptic® Sore Throat Spray	6 oz.	\$4
65	Tussin DM Syrup SF	Robitussin® DM Syrup	4 oz.	\$4
66	Tussin Syrup	Robitussin® Syrup	4 oz.	\$4
67	Vapor Rub	Vicks® Vapor Rub	3.53 oz.	\$5
DENTAL AND DENTURE CARE				
68	Dental Tool Kit	Dental Tool Kit	1	\$5
69	Denture Adhesive Cream	Fixodent®	2.4 oz.	\$5
70	Denture Cleaner	Efferdent®	40	\$4
71	Fluoride Toothpaste	Colgate®	6.4 oz.	\$4
72	Adult Toothbrush - Medium	Aim® Toothbrush	1	\$2
73	Dental Floss	Aim® Dental Floss	1	\$2
74	Mouthwash	Listerine®	4 oz.	\$3
75	Sensitive Teeth Toothpaste	Sensodyne®	4.3 oz.	\$5
76	Toothache Relief Liquid/Gel	Anbesol® Liquid/Gel	0.33 oz.	\$4
EAR CARE				
77	Ear Syringe	Ear Syringe	1	\$3
78	Ear Wax Drops	Debrox® Ear Wax Drops	0.5 oz.	\$6

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
EYE CARE AND HEALTH				
79	Artificial Tears	Visine® Tears	0.5 oz.	\$4
238	Collyrium Eye Wash	Collyrium Eye Wash	3.9 oz.	\$4
80	Eyeglass Repair Kit	Eyeglass Repair Kit	1	\$5
81	Reading Glass Diopter+1.0	Reading Glass Diopter+1.0	1	\$9
82	Reading Glass Diopter+1.25	Reading Glass Diopter+1.25	1	\$9
83	Reading Glass Diopter+1.5	Reading Glass Diopter+1.5	1	\$9
84	Reading Glass Diopter+1.75	Reading Glass Diopter+1.75	1	\$9
85	Reading Glass Diopter+2.0	Reading Glass Diopter+2.0	1	\$9
86	Reading Glass Diopter+2.25	Reading Glass Diopter+2.25	1	\$9
87	Reading Glass Diopter+2.5	Reading Glass Diopter+2.5	1	\$9
88	Reading Glass Diopter+2.75	Reading Glass Diopter+2.75	1	\$9
89	Reading Glass Diopter+3.0	Reading Glass Diopter+3.0	1	\$9
90	Reading Glass Diopter+3.25	Reading Glass Diopter+3.25	1	\$9
91	Reading Glass Diopter+3.5	Reading Glass Diopter+3.5	1	\$9
92	Reading Glass Diopter+4.0	Reading Glass Diopter+4.0	1	\$9
93	Red Eye Relief Drops	Visine® Drops	0.5 oz.	\$3
HELPS WITH GETTING MORE FIBER IN YOUR DIET				
94	Fiber Gummies	Vitafusion® Fiber Well Gummies	60	\$10
95	Fibertab Tablets	FiberCon® Tablets	90	\$9
281	Psyllium Powder, Orange	Metamucil Orange	13 oz.	\$10

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
FIRST AID AND OTHER CARE ITEMS				
96	Adhesive First-Aid Tape	N/A	1	\$2
189	Aid Ankle Support	Aid Ankle Support	1	\$7
191	Aid Elbow Support	Aid Elbow Support	1	\$7
192	Aid Hand Support	Aid Hand Support	1	\$7
166	Aid Knee Support	Aid Knee Support	1	\$7
190	Aid Wrist Support	Aid Wrist Support	1	\$7
97	Alcohol Pads	Alcohol Pads	100	\$3
98	Athletic Bandage	Athletic Bandage	1	\$2
99	Bandages Assorted	Band-Aids®	100	\$4
100	Butterfly Closures	J&J® Butterfly Closures	12	\$2
101	Corn and Callus Remover	Dr. Scholls® Corn and Callus Remover	0.33 oz.	\$4
102	Cotton Balls	Cotton Balls	100	\$3
103	Cotton Swabs	Q-Tips® Cotton Swabs	150	\$3
249	Diabetic Socks Ladies Shoe Size (5-10) - White	Diabetic Socks Ladies Shoe Size (5-10) - White	3 Pack	\$7
250	Diabetic Socks Ladies Shoe Size (5-10) - Black	Diabetic Socks Ladies Shoe Size (5-10) - Black	3 Pack	\$7
251	Diabetic Socks Men's Shoe Size (6-12.5) - White	Diabetic Socks Men's Shoe Size (6-12.5) - White	3 Pack	\$7
252	Diabetic Socks Men's Shoe Size (6-12.5) - Black	Diabetic Socks Men's Shoe Size (6-12.5) - Black	3 Pack	\$7
258	Elastic Knee Support	Elastic Knee Support	1	\$3
104	First Aid Kit	First Aid Kit	1	\$8
105	Flexible Tip Thermometer	Flexible Tip Thermometer	1	\$10

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
FIRST AID AND OTHER CARE ITEMS <i>Continued</i>				
236	Gauze Surgical Sponge Sterile 4"x4"	Gauze Surgical Sponge Sterile 4"x4"	2 pk 25ct (12 ply)	\$6
237	Gauze Value Surgical Sponges 4"x4"	Gauze Value Surgical Sponges 4"x4"	2 pk 25ct (12 ply)	\$5
106	Ice Bag	Ice Bag	1	\$4
187	Kitchen Scale Dial	Kitchen Scale Dial	1	\$10
284	Liquid Bandage	New-Skin® Liquid	0.0225 oz.	\$6
107	Liquid Wart Remover	Compound W® Wart Remover	0.5 oz.	\$6
108	Oral Digital Thermometer 60 Second	Oral Digital Thermometer 60 Second	1	\$5
194	Pedometer	Pedometer	1	\$10
109	Stretch Gauze Bandage	Stretch Gauze Bandage	1	\$2
124	Thermometer Probe Covers	Thermometer Probe Covers	30	\$3
203	Small Disposable Gloves (Non-Sterile)	Small Disposable Gloves (Non-Sterile)	50	\$5
204	Medium Disposable Gloves (Non-Sterile)	Medium Disposable Gloves (Non-Sterile)	50	\$5
205	Large Disposable Gloves (Non-Sterile)	Large Disposable Gloves (Non-Sterile)	50	\$5
HELPS WITH HEADACHES/MIGRAINES				
110	Headache Relief Tablets	Excedrin® Migraine	50	\$4
HELPS WITH HEMORRHOIDS				
111	Hemorrhoid Ointment	Preparation H® Ointment	2 oz.	\$7
112	Hemorrhoid Pads	Tucks® Medicated Pads	100	\$7
113	Hemorrhoid Relief Suppositories	Preparation H® Suppositories	12	\$7

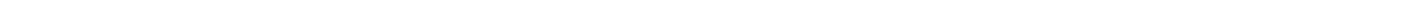
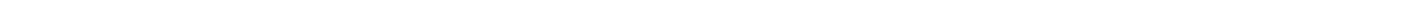
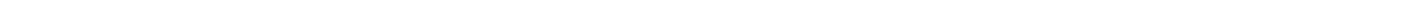
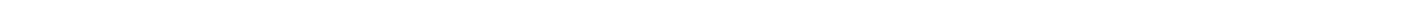
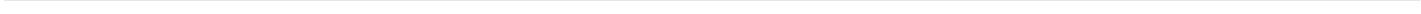
ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH DIGESTING MILK AND OTHER DAIRY ITEMS				
114	Lactase Enzyme	Lactaid® Tablets	60	\$10
HELPS WITH MOTION SICKNESS				
115	Motion Sickness Tablets	Dramamine® Motion Sickness	12	\$3
OTHER PERSONAL CARE ITEMS				
199	Antibacterial Bar Soap	Antibacterial Bar Soap	1	\$3
117	Antibacterial Liquid Hand Soap Pump	Antibacterial Liquid Hand Soap Pump	1	\$5
118	Antibacterial Wet Wipes	Antibacterial Wet Wipes	24	\$4
226	Bug X Repellent	Bug X Repellent	2 oz.	\$5
227	Bug X Repellent	Bug X Repellent	4 oz.	\$8
119	Calamine Lotion	Calamine Lotion	6 oz.	\$4
120	Disposable Douche Twin Pack	Disposable Douche Twin Pack	1	\$5
121	Dry Skin Therapy Moisturizing Cream	Dry Skin Therapy Moisturizing Cream	1	\$8
215	Feminine Body Spray	Feminine Body Spray	3.5 oz.	\$5
122	Feminine Hygiene Wipes	Feminine Hygiene Wipes	40	\$5
123	Fever Strip Thermometer	Fever Strip Thermometer	1	\$3
125	Hand Sanitizer Spray Pen Twin Pack	Hand Sanitizer Spray Pen Twin Pack	1	\$3
221	Hydrogen Peroxide	Hydrogen Peroxide	8 oz.	\$2
126	Lip Balm	Lip Balm	1	\$1
127	Male Condoms	Male Condoms	3	\$2
201	Maxi-Pads	Maxi-Pads	12	\$3

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
OTHER PERSONAL CARE ITEMS <i>Continued</i>				
219	Medical Appointment Calendar	Medical Appointment Calendar	1	\$5
206	Medicated Anti-Dandruff Shampoo	Medicated Anti-Dandruff Shampoo	11 oz.	\$5
135	Medicine Dropper	Medicine Dropper	1	\$2
128	Medicine Spoon	Medicine Spoon	1	\$1
130	Pill Box 7 Day 1 Time a Day	Pill Box 7 Day 1 Time a Day	1	\$2
269	Pill Box 7 Day AM & PM	Pill Box 7 Day AM & PM	1	\$4
267	Pill Box 7 Days 3 Times a Day	Pill Box 7 Days 3 Times a Day	1	\$4
268	Pill Box 7 Days 4 Times a Day	Pill Box 7 Days 4 Times a Day	1	\$4
131	Pill Splitter	Pill Splitter	1	\$3
132	Pocket Facial Tissue	Pocket Facial Tissue	1	\$2
133	Pregnancy Test	Pregnancy Test	1	\$8
134	Tampons	Tampons	8	\$2
207	Pro-Vitamin Conditioner	Pro-Vitamin Conditioner	13 oz.	\$4
220	Rubbing Alcohol 70%	Rubbing Alcohol 70%	16 oz.	\$3
271	Travel Health Folder 7 Pocket Water Proof	Travel Health Folder 7 Pocket Water Proof	1	\$7
HELPS TREAT HEAD LICE				
136	Lice Comb	Lice Comb	1	\$3
137	Lice Treatment Shampoo	Rid® Lice Shampoo	4 oz.	\$10
HELPS WITH GETTING TO SLEEP				
138	Night Time Sleep Tablets (Diphenhydramine)	Sominex® Tablets	50	\$4
139	Sleep Aid Tablets (Doxylamine)	Unisom® Tablets	16	\$5

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
SMOKING CESSATION PRODUCTS				
196	Nicotine Gum 2mg	Nicorette® Gum 2mg	20	\$10
197	Nicotine Gum 4mg	Nicorette® Gum 4mg	20	\$10
OINTMENTS AND CREAMS YOU APPLY TO YOUR SKIN				
140	Anti-Itch Cream	Benadryl® Cream	1.25 oz.	\$3
278	Benzoyl Peroxide 10% Gel	Clearasil Vanishing Cream	42.5 grams	\$5
141	Clotrimazole 1% Cream	Lotrimin® AF	0.5 oz.	\$5
142	Cold Sore Treatment	Cold Sore Treatment	1	\$7
143	Hydrocortisone 1% Cream	Cortizone® 10	1 oz.	\$3
144	Muscle Rub Cream	Bengay®	1.25 oz.	\$3
145	Petroleum Jelly	Vaseline® Jelly	4 oz.	\$3
171	SPF 50 Sunblock	SPF 50 Sunblock	4 oz.	\$6
146	Tolnaftate 1% Cream	Tinactin® Cream	1.25 oz.	\$5
147	Triple Antibiotic Ointment	Neosporin® Ointment	1 oz.	\$5
HERBS, VITAMINS AND MINERALS				
241	Acidophilus Lactobacilli (Probiotics)	Acidophilus Lactobacilli (Probiotics)	60	\$9
148	Adult Multi-Vitamins	Adult Multi-Vitamins	100	\$8
242	Antioxidant Tablets	Antioxidant Tablets	50	\$10
149	Calcium 600 + Vitamin D	Caltrate® 600 + D Tablets	60	\$7
150	Calcium Tablets	Calcium Tablets	60	\$5
246	Coconut Oil 1000mg	Coconut Oil 1000mg	60	\$10
247	Cod Liver	Cod Liver	100	\$9

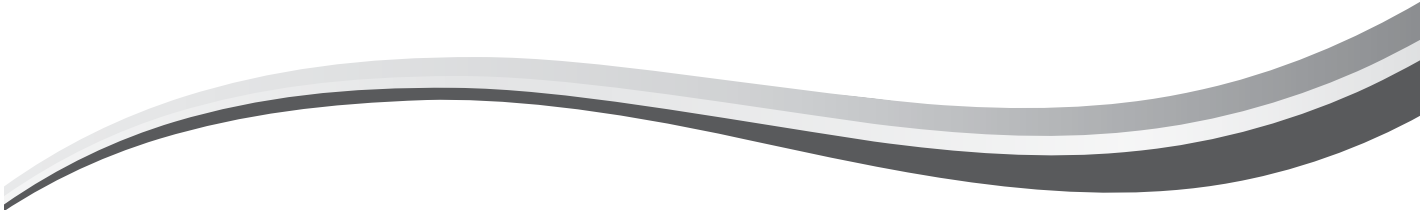
ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HERBS, VITAMINS AND MINERALS <i>Continued</i>				
248	Coenzyme Q10 100mg	Coenzyme Q10 100mg	30	\$10
253	Echinacea, 400mg	Echinacea, 400mg	100	\$4
255	Eucalyptus Exfoliating Body Scrub	Eucalyptus Exfoliating Body Scrub	6 oz.	\$3
232	FDC Vitamin B Complex with Vitamin C + Iron	FDC Vitamin B Complex with Vitamin C + Iron	100	\$4
233	FDC Vitamin D Tablets 400IU	FDC Vitamin D Tablets 400IU	100	\$6
234	FDC Vitamin E Softgel Tablets 400IU	FDC Vitamin E Softgel Tablets 400IU	100	\$9
151	Ferrous Sulfate (Iron) 325mg Tablets	Ferrous Sulfate (Iron) 325mg Tablets	100	\$6
256	Fish Oil 1000mg	Fish Oil 1000mg	30	\$4
257	Flaxseed 1000mg	Flaxseed 1000mg	100	\$10
152	Folic Acid 400mcg Tablets	Folic Acid 400mcg Tablets	100	\$4
259	Garlic Oil 500mg	Garlic Oil 500mg	100	\$5
260	Ginseng Complex, 100mg	Ginseng Complex, 100mg	100	\$10
261	Glucosamine & Chondroitin 1500mg	Glucosamine & Chondroitin 1500mg	30	\$9
262	Lavender Body Cream	Lavender Body Cream	6 oz.	\$3
153	Magnesium 250mg Tablets	Magnesium 250mg Tablets	100	\$4
263	Melatonin, 3mg	Melatonin, 3mg	60	\$7
265	Omega 3 1000mg	Omega 3 1000mg	100	\$8
154	Prenatal Vitamins	Stuart Prenatal Vitamins	100	\$10
155	Vitamin A 10,000 IU Caplets	Vitamin A 10,000 IU Caplets	100	\$4
156	Vitamin B-12	Vitamin B-12	100	\$8

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HERBS, VITAMINS AND MINERALS <i>Continued</i>				
157	Vitamin B-Complex	Vitamin B-Complex	100	\$5
158	Vitamin B-Complex Gummy	Vitamin B-Complex Gummy	70	\$8
159	Vitamin C 500mg Tablets	Vitamin C 500mg Tablets	100	\$4
193	Vitamin C Gummy	Vitamin C Gummy	60	\$8
160	Vitamin E 400 IU	Vitamin E 100 IU Caplets	100	\$7
161	Zinc 50mg Tablets	Zinc 50mg Tablets	100	\$5
DAILY LIVING ITEMS				
210	Anti-Slip Safety Tread Aids	Anti-Slip Safety Tread Aids	1	\$4
243	Baby - Cabinet Lock	Baby - Cabinet Lock	4	\$10
244	Baby - Outlet Cover	Baby - Outlet Cover	8	\$4
186	Button and Zipper Puller	Button and Zipper Puller	1	\$5
173	Door Knob Gripper	Door Knob Gripper	1	\$6
208	Food Aid Bumper	Food Aid Bumper	1	\$5
175	Jar Opener/Faucet Gripper	Jar Opener/Faucet Gripper	1	\$6
176	Key Turner	Key Turner	1	\$3
177	Lamp Switch Turner	Lamp Switch Turner	1	\$3
178	Letter Opener	Letter Opener	1	\$2
179	Long Handle Bath Sponge	Long Handle Bath Sponge	1	\$7
209	Magnifying Glass	Magnifying Glass	1	\$4
180	Pill Bottle Opener Aid	Pill Bottle Opener Aid	1	\$4
181	Pill Crusher	Pill Crusher	1	\$8
183	Shopping Bag Carrier	Shopping Bag Carrier	1	\$4
185	Toothpaste Squeezer	Toothpaste Squeezer	1	\$3



We can help if you speak a different language or need something in Braille or audio. We can provide translations, alternate formats and interpretation services. These services are at no cost to you. Just give us a call toll-free at 1-855-599-3811 (TTY 1-877-247-6272).

Podemos ayudarlo si usted habla un idioma diferente o necesita algo en Braille o audio. Podemos proporcionar traducciones, formatos alternativos y servicios de interpretación. Estos servicios son sin costo para usted. Simplemente llámenos sin cargo al 1-855-599-3811 (TTY 1-877-247-6272).



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